

Curriculum Vitae

**CHRISTOPHER L. HEFFNER, PSY.D.**

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**EDUCATION**

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| <b>1998</b> | <b>Post-Doctoral Residency</b><br>Oakwood Center of the Palm Beaches<br><u>Major Rotations:</u> Outpatient Drug Abuse<br>Treatment; Individual Psychotherapy, Group<br>Counseling, Personality and Forensic Assessment  | West Palm Beach, FL |
| <b>1997</b> | <b>Psy.D. - Clinical Psychology</b><br>Nova Southeastern University (APA Accredited)<br><u>Doctoral Thesis:</u> Diagnosis and Assessment of<br>Uncontrolled Sexual Behavior<br><u>Doctoral Internship:</u> Southern Illinois University<br>Counseling Center (APA Accredited) | Fort Lauderdale, FL |
| <b>1993</b> | <b>M.S. - Psychology</b><br>Nova Southeastern University (APA Accredited)<br><u>Master's Thesis:</u> Detection of Malingered Psychosis<br>in a Forensic Population using the MMPI-2   | Fort Lauderdale, FL |
| <b>1991</b> | <b>B.A. - Psychology</b><br>Malone College<br><u>Emphasis:</u> Learning and Social Psychology<br><br><b>B.A. - Business Administration</b><br>Malone College<br><u>Emphasis:</u> General Business Administration  | Canton, OH          |
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**LICENSURE AND PROFESSIONAL MEMBERSHIPS**

- Licensed as a Psychologist in the State of Florida (#PY6115)
- Member, Florida Psychological Association
- Member, International Society for Mental Health Online
- Member, Health on the Net Foundation

## TEACHING EXPERIENCE

- 2003 – Present**  
**Boca Raton, Florida**
- Florida Atlantic University**  
***Adjunct Professor***
- Adjunct position (two classes per semester), Department of Education and Technology.
  - Courses Taught: Educational Measurement and Assessment (Undergraduate), Descriptive and Inferential Statistics (Graduate), Research Methods (Graduate)
- 2002 – 2003**  
**Online**
- American Intercontinental University**  
***Online Faculty***
- Distance education with AIU Online. Teach coursework online, facilitate synchronous chat sessions, grade papers, and develop discussion questions.
  - Method of Instruction: Utilize WebCT format, including discussion boards, small groups, online chats, and email
  - Courses Taught: Understanding Human Behavior (Undergraduate).
- 1999 – Present**  
**Lake Worth, FL**
- Palm Beach Community College**  
***Adjunct Professor***
- Adjunct position (three to five classes per semester), Department of Psychology and Education.
  - Courses Taught: General Psychology, Child Growth and Development, Personality Theory and Development (All Undergraduate).
- 1992 – 1994**  
**Fort Lauderdale, FL**
- Broward Community College**  
***Adjunct Professor***
- Adjunct position (two classes per semester), Department of Psychology and Education.
  - Courses Taught: General Psychology, Human Development (All Undergraduate).
- 1989 – 1991**  
**Canton, OH**
- Malone College Department of Psychology**  
***Teaching and Research Assistant***
- Core Responsibilities: Develop and implement research projects, facilitate individual and group tutoring, and topic instruction.
  - Courses: Introductory Statistics, Research Methods (All Undergraduate).

## TEACHING PROFICIENCIES AND INTERESTS

- Assessment and Evaluation
  - Group Processes
  - History and Systems
  - Descriptive Statistics
  - Inferential Statistics
  - Research Methods
  - Abnormal Psychology
  - Personality Theory
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## CLINICAL AND ADMINISTRATIVE EXPERIENCE

**2000 – Present**  
**Lake Worth, FL**

**Private Psychotherapy Practice**  
***Licensed Psychologist***

- Practice Focus: Individual psychotherapy, group therapy, psychological assessment.

**1997 – 2001**  
**West Palm Beach, FL**

**Oakwood Center of the Palm Beaches**  
***Program Manager/ Director of Training***

- Completed Post-Doctoral Residency, promoted to Program Manager and served as Director of Training
- Teaching and Supervisory Responsibilities: Direct the training program for practicum students, interns, and residents. Conduct individual and group clinical supervision, weekly educational seminars, and develop individual supervision plans.
- Community Responsibilities: Worked closely with community organizations and colleges regarding practicum placement, training, and community outreach.
- Administrative Responsibilities: Program development, budgeting, grant proposals and management, development of outcome measures to assess effectiveness of both training program and clinical services.
- Clinical Responsibilities: Individual and group psychotherapy, psychological assessment, personality testing, intelligence testing. Served as chief psychologist for two outpatient facilities for drug and alcohol abuse.

**1996 – 1997**  
**Carbondale, IL**

**SIU Counseling Center**  
***Doctoral Intern***

- Completed 2000-Hour APA approved internship
- Clinical Supervision Rotation: Supervised students in M.A. Counseling Psychology Program, reviewed taped sessions, trained students in individual and group therapy, and interviewing skills.
- Administrative Rotation: Focused on Student Counseling Center Administration, Program Evaluation, budgeting, and Alcohol and Drug Use Norming Study
- Clinical Rotation: Individual and group therapy, career assessment and counseling, psychological and intelligence assessment.

**1994 – 1996**  
**Fort Lauderdale, FL**

**Nova Southeastern Community Mental Health**  
***Clinical Coordinator***

- Clinician first year, Clinical Coordinator second year
- Administrative Duties: Supervision of clinicians, chart and insurance review, outcome measurement design, and research protocol development.
- Clinical Responsibilities: Individual and group psychotherapy, psychological and personality assessment.

**1993 – 1994**  
**Miami, FL**

**South Florida Evaluation and Treatment Center**  
***Therapist***

- Completed one year Practicum Placement
- Clinical Responsibilities: Individual and group psychotherapy, forensic assessment, psychological testing, court evaluations.

**1991 – 1993**  
**Oakland Park, FL**

**Florida Medical Center**  
***Mental Health Counselor***

- Worked in an inpatient adolescent unit.
- Clinical Responsibilities: Individual and group counseling, intake interviews, mental health assessment, and family therapy.

**1989 – 1991**  
**Canton, OH**

**Stark County Crisis Intervention Center**  
***Crisis Counselor (Volunteer)***

- Completed six week training course in crisis intervention
- Core Responsibilities: Crisis counseling, intake evaluations, community outreach.

**1987 – 1989**  
**Canton, OH**

**VOCA Corporation**  
***Developmental Specialist***

- Core Responsibilities: Assist with education and daily activities in a group home for severely and profoundly mentally retarded adults. Developed plans for community integration.

**1986**  
**Meridian, MS**

**Mississippi State Hospital**  
***Activities Assistant (Volunteer)***

- Core Responsibilities: Assist in the planning and implementing of activities for an inpatient unit for chronically mentally ill patients.

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## **P R E S E N T A T I O N S   A N D   C O M M U N I T Y   O U T R E A C H**

- ALLPSYCH Online – 1999 to Present. Online Psychology Education Website.
- Online Psychology and Ethical Considerations – 2002. Presentation given to Psychology students, Nova Southeastern University.
- Friends and Family Support Group – 1997 to 2001. Volunteer Coordinator and Group Facilitator. Bi-monthly support group for friends and family of the mentally ill. Sponsored by several local community mental health centers.
- When your Family Member is Depressed – 2000. Two-part seminar offered to members of NAMI and families of clients seen at local community mental health centers.
- Treatment of Sexual Abuse Survivors – 1999. Training seminar for practicum students and post-doctoral residents, Oakwood Center of the Palm Beaches.
- Developing Interviewing Skills – 1997. Multi-day seminar and mock interviews for pre-law students, Southern Illinois University.
- Training Director Selection Committee – 1997. Served as a committee member for selection of a new clinical training director at Southern Illinois University Counseling Center.
- Internship Selection Committee – 1996. Served as a committee member for selection of new doctoral interns at Southern Illinois University Counseling Center.
- Doctoral Student Selection Committee – 1993, 1994, 1995. Volunteer student committee member for the selection of new doctoral students in psychology at Nova Southeastern University.
- Student Assistant – 1993. Served as the student assistant during the Florida Psychological Association's Annual Conference. Helped organize lectures and seminar attendance, and tracked Continuing Education credits.
- Psychology Club – 1989 to 1991. Malone College, Department of Education and Psychology. Served as Treasurer (1989-1990) and President (1990-1991).
- Crisis Intervention Center of Stark County – 1989 to 1991. Volunteer Crisis Counselor and Outreach Worker.
- Mississippi State Hospital – 1986. Volunteer Activities Assistant.

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## PUBLICATIONS

- Gold, S.N., & Heffner, C.L. (1998). Sexual addiction: Many conceptions, minimal data. *Clinical Psychology Review, 18*, 367-381.
  - Heffner, C.L. (2004). Research methods for education, psychology and the social sciences. <http://www.allpsych.com/researchmethods>.
  - Heffner, C.L. (2003). Statistics primer for the social sciences. *A llPsych Online*. <http://www.allpsych.com/stats>.
  - Heffner, C.L. (2002). Personality synopsis. *A llPsych Online*. <http://www.allpsych.com/personalitysynopsis>.
  - Heffner, C.L. (2000). Psychology 101: Synopsis of psychology. *A llPsych Online*. <http://www.allpsych.com/psychology101>.
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## GRANT ACTIVITY

<u>Date</u>	<u>Grant Description</u>	<u>Role</u>
2000-2001	<u>Ryan White Grant</u> : Treatment, education, and screening for HIV/ AIDS patients whose income fell below the poverty line.	Co-Author
1999-2000	<u>Florida Department of Children and Families</u> : Individual and group therapy for underserved families.	Co-Author Administrator
1999-2000	<u>Ryan White Grant</u> : Treatment and education for HIV/ AIDS patients whose income fell below the poverty line.	Administrator
1998-1999	<u>Florida Department of Corrections</u> : Assessment and therapy for individuals on probation.	Administrator Clinician
1998-1999	<u>Florida Department of Children and Families</u> : Treatment for underserved individuals and families.	Clinician
1997-1998	<u>Florida Department of Corrections</u> : Assessment and treatment for individuals found guilty of non-violent offenses.	Clinician
1996-1997	<u>Alcohol and Drug Use Norming Study</u> : National grant awarded to Universities to study the effects of Alcohol use on campus.	Assistant

## **OTHER EXPERIENCE AND PROFICIENCIES**

- Proficient in MS Word, Excel, Access, and PowerPoint, MS Windows 95, 98, 98SE, 2000, ME, and XP, and MS Network Administration
- Working knowledge of C and JavaScript Programming, HTML and Web Development
- Well versed in the use of technology within an educational setting, including WebCT, Blackboard.com, WWW, email, FTP, online chats, and online counseling and assessment methods.